



Kiwoko Hospital News

April 2026



Special points of interest:

- Project Updates
- Camps, Clinics & Outreach
- ...and lots more!

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I would like to welcome all our readers to our first Newsletter of 2026.

Let me also pass on greetings on behalf of our Management Team as well as the Hospital Board. We thank you for taking interest in the hospital's progress either as a first-time reader or continuing follower. In a special way we thank those who have communicated with us, visited us and even prayed with us - you have helped make the journey richer. Thank you too to the staff of Kiwoko Hospital as without you there would be no story.

The year so far has been very productive despite the seasons of uncertainty we have experienced both nationally during elections and internationally due to the various ongoing wars. Each of these events have necessitated having contingency plans in case of any eventuality and careful financial management to see that we stay afloat to pursue our vision. So far we have been protected from significant protracted eventualities for which we are very grateful.

Our thoughts at this time go out to all of you who may be experiencing direct or indirect repercussions from these conflicts. In the present time we can only commend you all into the Lord's hands that He may provide you with a way through as we continue praying for peace as we are indeed a global village.

A lot of updates have been communicated in this edition but in a special way join with me in congratulating our Patron Rt. Rev. Wilson Kisekka Bishop of Luwero Diocese and his wife Maama Rachael Kisekka who in August this year shall be celebrating 25 years in marriage.

Finally, in September this year we shall be commemorating 35 years since the hospital was officially opened in September 1991.

Dr Peter Serwadda (Medical Director)

UPDATE ON CT SCAN FUNDRAISING PROJECT

Our annual fundraising event in November 2025 was themed “Race for the CT SCAN Project.” It was such an eventful day with a number of activities including running and walking competitions, bicycle racing, board games, kwepena (dodging the ball), and many other races. There was lots of entertainment and the committee composed an original song towards the fundraiser. Ugx. 12,000,000 was raised through the sale to t-shirts, individual contributions and the auction of a goat.

Fundraising continued after the event and we received a donation of

12,000 euros from Dr. Marlene Prillinger and a pledge of a 120-Slice Siemens CT Scan machine from Dr. Jonathan Jacobs.

However, to be able to have the machine on ground, the hospital needs to have structural enhancements including upgrading the infrastructure of electricity and setting up a new structure that meets radiation requirements of the regulatory bodies. Architectural plans for a Radiology Centre have been developed. The hospital is also currently working with partners, experts and electrical engineers to assess the



Plans for the new Radiology Centre

electrical needs in order to develop an infrastructure that can meet current and future hospital demands.

The project still requires heavy funding to be realized, and a Re-Race will be held during this

year’s annual Kiwoko Chase Event as we still need to raise a lot more money. To find out more details or to support this project, please reach out to us:

businessmanager@kiwoko-hospital.com
kiwoko-hospital.com



Hospital Management and members of the JMS team at the proposed site for the new Kiwoko Hospital Radiology Centre

HILFE FÜR KIWOKO TEAM VISIT

In 2018, a group of 4 German medical students visited Kiwoko Hospital. After a few weeks at the hospital and school, they returned home but their hearts stayed in Kiwoko, thinking of ways they could help a community of motivated people who needed support. They decided to form an association “Hilfe Für Kiwoko e.V” (meaning “Help for Kiwoko”), registered it as an NGO and encouraged their friends and families to join.

Since then, the association has achieved many milestones. Support for the hospital has included: theatre lights for the operating theatre rooms; a blood bank fridge, roller mixer, and HB Electrophoresis machine for the hospital laboratory; Ultrasound scan machine and refurbishment works at the Radiology Department; 220 solar panels that produce 75KV of energy for the hospital; a revolving fund for KHHTI students that helps finalists clear their school dues; the 4-bed High Dependence



The Hilfe für Kiwoko visitors alongside some of the KH Management team

Unit as well as refurbishment works at Suubi Ward (formerly male ward) including set up of 5 self-contained rooms, where patients who are able to pay for the service are admitted which has helped boost the hospital’s revenue. Additionally, the association has established a medical exchange program where medical professionals in Germany can come and experience work and life in Kiwoko.

Currently, the association is funding the refurbishment of the hospital kitchen which involves installation of

solar stoves, safe storage for food, a call room for the kitchen staff, an In-charge’s office as well as a cafeteria where staff can sit comfortably to have their meals.

In March 2026, six members of the association visited Uganda for a period of two and a half weeks. The team was led by Dr. Felix Flachenecker (Chairperson of the Association) and Elli Betz. Also part of the team were Maxi Noack, Katrin Wenz, Steffen Höppel and Prof. Ekkehard Scheffler (who had come purposely to establish an exchange

program for his medical students). During their visit, the team discussed about the past, present and future projects planned for the hospital. The key project for implementation this year will be storage for the solar system.

Their visit also exposed a number of key staff at Kiwoko Hospital to professional bodies in country, including the Association of Ambulance Professionals in Uganda (AAPU) and the Palliative Care Association of Uganda (PCAU). The hospital is keen to develop further links with these bodies in the near future.

“MY JOURNEY TO CRITICAL CARE NURSING” - Sr Vivian Onyinkwa



In my nursing career, it dawned on me that I loved a fast paced, challenging work environment. This has been the driving force for upgrading my studies. Other than that, the hospital had been receiving critically ill

patients and before, they had to be referred out to Kampala for better management due to lack of a specialised unit to take care of them. I could identify the danger that the patients were in and felt helpless when they deteriorated; and yet I wanted to be part of the solution where every second counted.

The need to be part of the solution led me to take on the Critical Care Nursing course. The journey was intense: a combination of complex pathophysiology with

hands-on training on hemodynamics and ventilators. It made me understand, in depth, why things are done the way they are done, thinking critically to avoid further deterioration of patient’s conditions. My desire is to be able to help the vulnerable, making them feel human, while supporting their families during the traumatising moments.

Two years ago, Kiwoko Hospital held a fundraising to construct a High Dependence Unit for the critically ill

patients due to the high number of such clients that were being received. It then became an opportunity for me to acquire the knowledge, so I can become part of the team of nurses, doctors and specialists working together to provide quality care for the critically ill patients.

In March 2026, I graduated with a Postgraduate Diploma in Critical Care Nursing from Clarke International University and I am now qualified to take care of the patients!

FARMING GOD’S WAY

In February this year, our hospital launched an agricultural venture to promote health, wellness and sustainability right here in our community.

In partnership with In His Name (IHN) Ministries, USA, the hospital is now putting the 10-acre land in Magoma to excellent agricultural use by using a technique known as Farming God’s Way (FGW). FGW is a holistic

model of agriculture focusing on a balance of 3 spheres including Biblical, management and technological solutions. Communities are equipped to come out of poverty with what God has put in their hands and revealing the fullness of Jesus’ promised abundant life.

Some of the foods that will be planted on this land include maize, beans, matooke, coffee and vegetables.



There is much growth on the land at Magoma

KIWOKO HOSPITAL PSYCHIATRY DEPARTMENT

The Department of Psychiatry at Kiwoko Hospital is dedicated to providing compassionate, patient-centered mental health care to individuals and families in our community. In a setting where mental illness is often misunderstood, the department continues to offer hope, healing, and restoration. This is our continued aim despite reduced funding and significant financial constraints.

As a department, we provide assessment and management of conditions such as depression, anxiety, bipolar affective disorder, psychosis, substance use disorders, and epilepsy through both outpatient and inpatient services. In addition, the department plays a key role in training nurses and midwives, offering liaison psychiatric services across other hospital departments, and conducting community outreaches, medical camps, and health education to reduce stigma and improve early care

seeking. These services continue despite limitations in resources.



**Mr Kato Wilson
labouring at the kitchen
refurbishment**

One of our success stories is Mr. Kato Wilson, a 32-year-old resident of Kiwoko who has been diagnosed with bipolar affective disorder. At presentation, his condition significantly affected his daily life. Indeed, at one point, his condition was beyond what we could manage at Kiwoko Hospital so we referred him to Butabika National Referral Hospital.

However, Kato managed to escape and found his way to the taxi park. He did not have transport money but asked the

taxi driver to bring him to Kiwoko Hospital where his friends would pay for his transport. Upon arrival, he told the driver to call Sr. Sarah to come and pay the fare.

At this point, we decided it was best for Kato to be managed from Kiwoko Hospital. The hospital not only took up his treatment, but his feeding and welfare too since he did not have any family. Adhering to the drug treatment was another issue for Kato.

Poor adherence resulted in some challenges with Kato's behaviour. However, with input from Dr. Derek (Psychiatric Clinical Officer) and the empathetic hospital security team, we were able to manage the situation and encourage Kato to take the needed treatment. This also emphasised the challenge of managing patients with psychiatric conditions on a general medical ward.

With time and consistent treatment and follow-up, Kato has greatly improved and is now stable, engaging in daily life with renewed

purpose. He is currently employed as a casual worker at the on-going kitchen refurbishment.

However, like many patients with chronic mental illness, Kato still faces challenges accessing regular medication due to financial constraints. His journey reflects both the impact of quality mental health care and the importance of sustained support.

The department remains committed to strengthening mental health services and improving patient outcomes and would like to thank all the people who have given financial support to sustain the department including Andrea Moosbrugger, Ilse Nasveld and others. Support toward access to essential medications will go a long way in sustaining the recovery of patients like Mr. Wilson and many others.

To find out more information or support the Psychiatric department, please email:

businessmanager@kiwohospital.com

A PERSONAL STORY OF HOW SALT-BASED BRINGS HOPE

Nakintu Miriam [permission granted], aged 33, a resident of Lwabijogo village, Kiwoko ward in Nakaseke district is among the people living with HIV/AIDS accessing care, treatment and support from Kiwoko Hospital ART clinic.

Miriam is married with 5 children aged between 11 years and 6 months. Her husband is also HIV positive and accesses care, treatment and support from Kiwoko Hospital ART clinic too. Miriam

owns a small-scale grocery business as her major source of income.

Miriam's home was among the homes selected for the SALT-approach community visits during the October 2025 SALT training. At that time the team visiting her found it difficult to stimulate conversation. Miriam seemed unwelcoming and not interested in having visitors.

Nevertheless, self-introductions were done

by the team members and the conversation started after a word of prayer. Miriam was given time to tell her story after the SALT-approach team gently encouraged the conversation. She told the team that her husband had been imprisoned due to family land wrangles and during that period she had a 1-month old baby. She was very worried about the challenges at hand, and as a mother she felt so devastated, weak and unable to support the family. How would she be able to care for her family whilst her husband was in prison?

The team identified her strengths whilst encouraging her to trust God as the author of everything because He cares and loves everyone without discrimination. She listened calmly while tears flowed from her eyes. The team appreciated her role as a mother and thanked her for taking care of the family.

Additionally, the SALT-approach team

encouraged her to continue taking her anti-retroviral drugs regularly as prescribed by the medical personnel and to ensure she attended clinic appointments as scheduled.

Low and behold, 4 months later after the SALT-approach team visit, Miriam delivered good news about the release of her husband from prison during her regular clinic visit at Kiwoko Hospital. With a beaming face and wide smile, Miriam narrated the story to the team and emphasised that after our SALT-approach team visit, she learnt that she should commit her husband and family to God in prayer. **"I didn't know how pray but all I remembered was that God cares and loves us the way we are without discrimination. I would pray in a few words and stop, but surprisingly God answered my prayers. When I went to visit my husband at the prison I was told that he was going to be released on bail but with high cost attached. I was happy**



Miriam and her family at the first visit

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and worried at the same time because I didn't know how I would raise the money for his bail out. But I believed that God is in control of everything and when I returned home, I asked people to support my husband by raising the money that had been demanded for his release. Some of the money was raised.

Before going back to the prison to pick my husband, I called all my children and told them that we were going to pray as a family for their father so God could help us bail him out of the prison. I set off on my journey to prison after prayers and on arrival, I was told to pay very little money as compared to the money that was

demanded before and he was released that very day. We came back home together with a lot of joy"

After the release of her husband, Miriam told us she went to church, where she heard the good news of the Bible and confessed and accepted Jesus Christ as her Lord and personal Saviour. Praise God!



Miriam and her children were gifted clothes from a hospital donation

NICU TRAINING (CHAI-MOH, Bulamu Healthcare)

Kiwoko Hospital, with support from Adara Group, has long been recognised as a provider of quality Maternal and Newborn Healthcare services. The Newborn High Dependence Unit has been nationally recognized as Centre of Excellence, and as such, has been tasked to mentor healthcare workers from around the country in Newborn Care. The hospital has created an ambient learning and mentorship environment, and uses the well equipped unit and the newly set up Simulation Lab to train healthcare workers through combined classroom sessions, ward-based mentorship,

case discussions and practical sessions.

In January 2026, we held a 7-day training for 12 Medical Officers (MOs) from all over the country. The training was funded by Bulamu Healthcare and was purposed to equip MOs with clinical skills in essential and advanced newborn care, improve decision making, leadership and supervision within neonatal care units, and promote adherence to national and evidence-based newborn care standards.

We also held a month-long training for four nurses and midwives from Grade 4 Health



(Top) NICU trainers with the MOs who attended the training; (Below) Nurses at NICU teaching session

Centres in Mubende. The training was funded by Clinton Health Access

Initiative (CHAI) and the Ministry of Health.

COMMUNITY CLINICS & CAMPS

In addition to providing regular care at the hospital compound, Kiwoko Hospital has long been involved in running outreach programmes. These include general or specialist clinics and camps at the hospital and in the community.

EASTER MEDICAL CAMP

Nakaseke Christian Care Church was officially opened on Easter Day in 2015. Although Pastor Daniel Kizito worked in Kampala at that time, he was born and raised in Wakyato, Nakaseke district. His parents and 6 of his siblings were killed during the Luwero bush war in 1986, leaving only him and his sister. The duo were raised in an orphanage.

Prior to 2015, there was a church on the same grounds. However, out of the blue, the pastor then decided to close the church. He made numerous announcements over

the local radio informing the flock to go seek God elsewhere. He even sold off church property to a kibanda (local cinema). The Christians were disturbed by this move, as the church was their only source of hope. This triggered Daniel to start up a new church on the same premises with a temporary structure made of sticks, iron sheets and wooden benches. It was not an easy journey as items he bought kept getting stolen. However, with support from the Evangelical Community (Mission Africa), Pastor Daniel persevered with



Some of the Kiwoko Hospital staff who helped out at the Easter Medical Camp

his vision of starting up the church.

As the church was gaining ground, many Christians looked up to Pastor Daniel to meet all their other needs, and one of these was medical treatment. Whenever a church member would fall sick, it was Pastor Daniel's

responsibility to treat them. The need for medical care was overwhelming! So Pastor Daniel got in touch with Kiwoko Hospital's Community Outreach team to offer free

medical services to the Christians. And what better time to hold the camp than towards their anniversary on Easter!! In the rural areas where accessing quality health is still a luxury, we at Kiwoko Hospital are reminded of the reason why we exist. Treating medical conditions is part of the work. Yet sharing the Good News of the Gospel is key. The medical outreaches we hold are a beacon of hope.

If you would like to support more community outreach clinics, please write to us:

businessmanager@kiwohospital.com



Part of the large crowd who gathered for the Easter Medical Camp and Crusade

COMMUNITY EYE OUTREACH

With support from Ballygowan Presbyterian Church, our Eye Clinic continues to hold community outreaches twice each month, with the aim of bringing quality eye care to the doorstep of those who need it the most. Yet

these outreaches are more than medical camps – they are lifelines that transform lives and share the good news of the Gospel of Jesus Christ in word and action.

Our health workers travel far and wide

equipped with skills to screen, diagnose and treat eye conditions, as well as medications that are prescribed as needed. Glasses are dispensed and sight is restored, empowering individuals to reclaim their independence and

dignity. Patients with more complex eye conditions are referred to the hospital for further management, which may include eye surgical procedures, which can now be conducted at the Kiwoko Hospital theatre.



KIWOKO HOSPITAL KH

UGANDA HEART INSTITUTE FOR YOUR HEART

CARDIOLOGY MEDICAL CAMP

SERVICES	TIME / VENUE
<ul style="list-style-type: none"> • General Cardiology Consultation • Free cardiac Echoes • Free ECG • Drugs shall be at subsidized price 	9:00am - 5:00pm Kiwoko Hospital Dates: 27th March 2026

FOR MORE INFO

- 0759589393 OPD INCHARGE
- 0775413889 PNO-KH
- 0759589393 CUSTOMER CARE

CARDIOLOGY CAMP

One of the key missions of Kiwoko Hospital is to work with like-minded partners to provide accessible, affordable and curative quality healthcare services to the underserved community in Nakaseke District and beyond.

Through a continued partnership with Uganda Heart Institute (UHI), Kiwoko Hospital was able to successfully hold the annual cardiology camp on 27th March 2026.

The day started with a CME session early in the morning and then the team went on to attend to 120 adult and paediatric patients who were eagerly awaiting for the service.

Patients from the hospital Outpatient Department, Inpatient wards and specialist clinics, including Diabetes and

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Hypertension clinic were seen.

General consultations were provided for both adult and paediatric patients. Additionally lab investigations and specialist heart investigations including ECG (heart tracing) and ECHO (heart scan) were carried out.

Prescriptions were provided as needed.

In total, 47 ECGs (45 adult and 2 paediatric) and 63 ECHOs (35 adult and 28 paediatric) were conducted.

Kiwoko Hospital is glad to have worked with Uganda Heart Institute as we seek to improve cardiac care in the region.



(Above) The UCI team provided education for the clinical team (Below left) An ECHO is carried out by a UHI team member (Below right) A large crowd gathered to receive free services



“If anyone has material possessions and sees a brother or sister in need but has no pity on them, how can the love of God be in that person? Dear children, let us not love with words or speech but with actions and in truth.” 1 John 3:17-18 (NIV)

PRAYER POINTS

Thank you for remembering Kiwoko Hospital, our staff and community in your prayers. Please continue to pray for the work here. In addition to the updates in this newsletter, we request continued prayer for:

- Those impacted by the hospital, that ultimately they may know that although “We treat... Jesus heals” and provides their ultimate hope.
- Staff, students and community members, with their individual needs and challenges.
- Those in positions of responsibility, especially in-charges, management team and board members. Pray for wisdom and clarity as they make decisions, lead others and implement change.
- How thankful we are for what God has done and continues to do. Pray that God is glorified in everything that is happening at and through Kiwoko Hospital.

MINISTRY UPDATES

Kiwoko Hospital is a mission hospital, and we seek to share the Gospel with staff, patients and the community through work and action.

The newsletter has already highlighted a number of ways that this happens, including through the regular Community Eye Outreach and special Medical Camps, such as the Easter Camp. These are both evangelistic efforts, with the Gospel being preached alongside the medical efforts.

Here we highlight just a few of the other activities that have been happening over recent months.

CHRISTIANITY EXPLORED TEAM

A team of 6 people from Christianity Explored visited from 19th to 24th January. During the day they were involved in a Bible teaching conference held at a school about 40 minutes away. In the evenings they held teaching at the hospital about how best to communicate the Gospel. On one evening, the team met with the Ministry team at the hospital for a meal and fellowship. They encouraged the team members to continue the work of sharing the Gospel and discipling others in their faith.

MORNING PRAYERS

In March we finished the overview of the Bible - we took 14 months to cover the Bible from Genesis to Revelation. This month we have been looking at the chaplaincy theme of the year: Turning our eyes to Jesus; Living anchored in Christ. This is based on Hebrews 12:2. Different speakers have shared from God's Word about how to do this, through trusting in Christ and his Word, and living for Him.

HOSPITAL RADIO CHALLENGES

Unfortunately the hospital radio system has not been working

for some months. It has been assessed and a complete overhaul of the system is needed to enable this service to work again. We had used the radio to share the Gospel with those on the wards each morning, and would like to recommence this witness as soon as possible.

If you are interested in supporting the refurbishment of the radio system or any other aspect of ministry at the hospital, please get in touch Stephen Park who is part of the chaplaincy team at the hospital:

visitors.kiwokohospital@gmail.com



The Christianity Explored team provided teaching on how to communicate the Good News of the Gospel

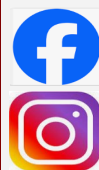
We treat... Jesus heals

THANK YOU FOR YOUR SUPPORT

Kiwoko Hospital is a private, not-for-profit, mission hospital in rural Uganda. We are so thankful to our supporters for their ongoing significant contribution to the work of the hospital. Without this support we would not be able to provide the high-quality healthcare that our patients deserve.

If you have enjoyed this newsletter, please forward it on to family, friends and colleagues.

SOCIAL MEDIA



We try to post regular updates on [Facebook](#) and [Instagram](#).

Why not follow along to keep in touch!

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VISITORS & VOLUNTEERS

It is a privilege to continue to host visitors and volunteers from all over the world at Kiwoko Hospital, including many medical, nursing and midwifery students doing their electives.

Recently Lois Finch, from the UK, spent 3 weeks at Kiwoko doing a nursing elective. Afterwards she wrote a report for Medical Mission Network, a charity that supported her elective, and has supported a number of projects at Kiwoko Hospital.

Lois' report is honest, discussing the challenges of life in Uganda for many including the



frequent deaths and financial hardship, yet also reflects on encouragements she encountered. For example, Morning Prayers were, **"...incredibly encouraging – to see staff offering up the work of their hands to a God who is faithful to heal and sustain them..."** She was also **"particularly impacted by**

how clearly prayer played such an important role in every part of hospital life. Doctors' meetings would conclude with prayer, and before surgery, prayers were said for wisdom and skill..."

Lois particularly enjoyed developing friendships with locals and other students staying at the Guest House. And concluded: **"I can say with the psalmist in Psalm 13: "I will sing to the Lord, because he has dealt bountifully with me."**

You can read Lois's full elective report at: www.mmn.uk.com/blog/article/lois-in-uganda

For information on visiting, medical electives or volunteering, please get in touch with KH Visitor & Volunteer Coordinator, Stephen Park, via email: visitors.kiwokohospital@gmail.com

DONATIONS

As well as individual supporters, a number of registered charities support the work of Kiwoko Hospital in bringing good news to the poor, in word and in action.



FOKUS MINISTRIES INTERNATIONAL

For more information about giving through these charities, chose the appropriate country and charity: [*please mark donation is for KH]

- **UK:** www.fokh.org.uk
- **Various countries:** www.adaragroup.org/development/get-involved/donate/ *
- **Germany:** www.hilfe-fuer-kiwoko.de/ *
- **US:** www.fokusministries.org *

DIRECT GIVING: For some people this may be the best option. If doing this, please contact our Business Development Manager for further details and to ensure the donation is allocated appropriately: businessmanager@kiwokohospital.com.