



KIWOKO HOSPITAL NEWSLETTER



September 2022



From our Medical Director

A warm welcome to yet another edition of the Kiwoko Hospital Newsletter. Yet another opportunity to share the continuing compelling story of what the Lord is doing in our midst, but also an opportunity for others to consider partnering with us as we move forward to future exploits.

Lord Joseph Chamberlain once said, *"I think that you will all agree that we are living in most interesting times. (Hear, hear.) I never remember myself a time in which our history was so full, in which day by day brought us new objects of interest, and, let me say also, new objects for anxiety"*.^[1] He is also said to have used variations of this quote on several other occasions!

I feel that this year so far has typified this statement in many ways and at all levels: from the individual, to the institution, to the nation, to the world. This letter is full of updates and information because so much has happened and in such a short time after a period of apparent stagnation during the lockdown.

We have a lot to thank our partners for and a lot celebrate and thank God for. Yet in the midst of it all there is also the challenges that we are facing day by day. The last few months have been far from easy in

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many ways and the way ahead has been uncertain at times, but we have been encouraged to run the race before us with perseverance.

Friends, many of us are living in “interesting times” when we can so easily be tempted to give up. Let us reflect on Romans 8:28 and draw encouragement, whatever the situation; **“And we know that all that**

happens to us is working for our good if we love God and are fitting into his plans.” (Living Bible Translation).

He is surely not finished with us!

I wish you all good reading.

Dr Peter Serwadda

[1] 1898 January 21, *The Western Daily Press*, Mr. Chamberlain at Liverpool: A Series of Speeches, Patriotism Still a Live Force, Page 8, Column 3, Bristol, England. (British Newspaper Archive)

“Be strong, and let your heart take courage, all you who wait for the Lord.” Psalm 31:24

KEEP PRAYING...

Thank you for continuing to uphold Kiwoko Hospital, our staff, patients and community before our God. As you read this Newsletter you will see much that we can praise God for but there is also much to pray about. The prayer points here are just a starting point—keep reading for more information and prayer points. Above all, please keep praying!

- Continue to praise God! We thank Him for His continued faithfulness, provision and care through which we keep on serving the people of our local communities and beyond.
- Praise God for all our partners, donors and supporters, those who have supported for years and those who have recently developed links. Without these partnerships, Kiwoko Hospital could not function. We truly appreciate the financial giving, education, prayer, encouragement, friendship.... and more!
- Continue to pray for the hospital leadership as they make many decisions about the present and future running of the hospital - that they would seek for and know God’s guidance in everything.
- Thank God for all our staff, each with a unique and important role at the hospital.
- Praise God that much has happened at Kiwoko Hospital since lockdown. Pray for those affected by the challenges, including for wisdom, patience and perseverance.
- Thank God for the ministry team and the many opportunities to share God’s love through word and deed, whether with staff, patients, attendants or the local community.
- Pray for every patient and attendant who comes to Kiwoko. Pray that they will experience God’s love in action, and that they would know God’s speaking voice into their lives.
- Pray that in everything happening at Kiwoko Hospital, God will be glorified.

Kiwoko Hospital's Annual Budget

SUPPORT NEEDED FOR THE GENERAL FUND

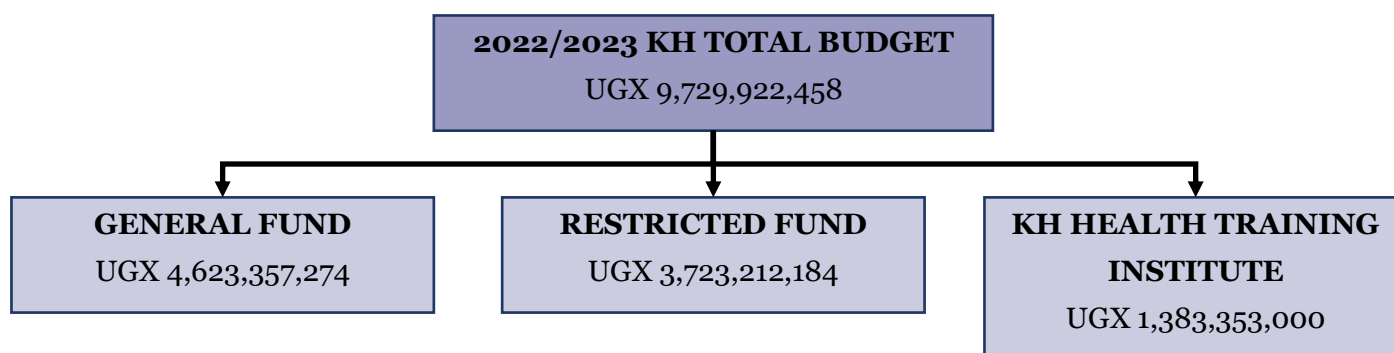


Laureen Babirye, Kiwoko Hospital Business Development Manager, outlines the projected increase in the Kiwoko Hospital (KH) Budget with particular focus on the deficit in the General Fund. She appeals for increased donations to this essential fund.

Kiwoko Hospital continues to focus on offering quality and affordable health care services to the poor and vulnerable people living in Nakaseke, Nakasongola and Luwero districts of central Uganda. Approximately 60% of the annual running cost of the hospital is provided by donors and partners, enabling Kiwoko Hospital to keep patient bills to a minimum.

OUTLINING THE 2022/2023 BUDGET

The KH Annual Budget is subdivided into 4 budget areas: General Fund; Restricted Funds; Capital Expenditure; and, Health Training Institute. Each of these funds meet specific needs at the hospital.



[NOTE: The Capital Expenditure is not shown in the above diagram as it is treated as a separate entity to the KH Total Budget. All monies needed for this area are strictly sourced through fundraising efforts. Under priority 1 items for the year 2022/2023, the capital expenditure bill is UGX 2,647,328,057.]

INCREASED ANNUAL BUDGET—WHY?

Unfortunately the operating costs of the hospital have increased significantly, and this is reflected in an increase of **8.4%** (UGX 750,865,203) in the KH Annual Budget (see table below). There are two main reasons for this increase.

Firstly, the significant rise in the **cost of living** countrywide, and indeed across the world. There

are many examples of how this is impacting the day-to-day running of KH, and include:

- FUEL** KH's monthly spend has increased from 12,000,000 UGX (approx. £2,700 / US\$3,200) to 17,000,000 UGX (approx. £3,800 / US\$4,500). Fuel is essential for the running of the ambulances which facilitate patient movement (especially referrals), the generator which provides back up electricity when blackouts occur, vehicles used for community work/administrative work etc.
- FOOD** KH currently spends 12,000,000 UGX per month (approx. £2,700 / US\$3,200) on food –this has increased from nearly 8,000,000 UGX per month (approx. £1,800 / US\$2,100). This is used to provide food for staff on duty and students at Kiwoko Hospital's Health Training Institute.

| KIWOKO HOSPITAL ANNUAL BUDGET | | |
|-------------------------------|-------------------|------------------------------------|
| 2021/2022 | UGX 8,979,057,255 | Approx. £2,000,000 / US\$2,400,000 |
| 2022/2023 | UGX 9,729,922,458 | Approx. £2,230,000 / US\$2,600,000 |

Secondly, the cost of **human resources** has significantly increased. In the 2022/2023 budget, a 10% salary increase was approved by the Board of Governors for all staff. This was done to cater for inflationary increase as well as the expected anniversary increase.

“We are extremely grateful to our existing partners who have been in position to stretch their budgets to help us... However, there is still a significant shortfall...”

THE FUNDING GAP

As outlined above, a combination of factors has lead to this significant increase in the annual budget of **8.4%** (UGX 750,865,203). We are extremely grateful to our existing partners who have been in position to stretch their budgets to help us cover some of this difference. However, there is still a significant shortfall—of this difference, **we have not identified the source of UGX 80,000,000** (approx. £18,200 / US\$21,000), specifically for the General Fund.

WHAT IS THE GENERAL FUND?

The KH General Fund is used to ensure the day-to-day running of much of the hospital. It covers many areas, including:

- 249 salaries of 249 hospital staff (doctors, nurses, cleaners, etc)
- Utilities like electricity, water and waste management
- Purchase of medical supplies like drugs, sundries etc

Each of these areas are essential for the running of the hospital. To put it simply—without the ongoing support of this fund, the hospital could not function!

“To put it simply—without the ongoing support of this fund [General Fund], the hospital could not function.”

HOW IS THE GENERAL FUND FINANCED?

The General Fund receives monies from:

1. **Friends of Kiwoko Hospital (FOKH)**
2. **Subsidised patient fees**
3. **Other donations** from individuals, churches, organisations and partners e.g. FOKUS (Pages 10-11)
4. **KH income generating projects (IGPs)** include Guest House, Ian House (short term visitor/volunteer accommodation), Training Centre, craft shop etc.

BRIDGING THE GAP... RAISING MORE FUNDS!!

We are acutely aware that we need to raise more funds for the General Fund, for this year and for the future. With our partners, we aim to bridge the following gaps and continue to meet our patients needs.

AREA 1: Help us raise funds to cover the 2022/2023 budget shortfall - UGX 80,000,000

AREA 2: Help us support staff salaries

Can you help us bridge the gap? Can you fundraise for Kiwoko Hospital? FOKH tell us how on Pages 5 & 6.

| KIWOKO HOSPITAL HUMAN RESOUCES BUDGET — 2022/2023 | | | |
|---|-------|-------------------|----------------------------------|
| | STAFF | TOTAL SALARY | |
| GENERAL FUND | 249 | UGX 2,026,480,560 | Approx. £460,500 / US\$433,000 |
| Restricted Fund | 132 | UGX 1,570,934,124 | Approx. £357,000 / US\$413,000 |
| KH Health Training Institute | 14 | UGX 280,000,000 | Approx. £63,500 / US\$74,000 |
| 4 TOTAL | 395 | UGX 3,877,414,684 | Approx. £881,000 / US\$1,020,000 |

FOKH AND THE GENERAL FUND... BRIDGING THE GAP



Friends of Kiwoko Hospital (FOKH) is one of the major donors to the General Fund, with their main focus over the years being on raising funds to cover staff wages. Ken Finch, Honorary Treasurer of FOKH, outlines some of the ways in which FOKH funds are raised.

FOKH have been supporting Kiwoko Hospital for 30 years and more. It was determined from the early years that finances should primarily go to support staff salaries. By so doing patient fees have over the years been maintained at an affordable level. This is vital when Kiwoko serves a population the majority of whom are subsistence farmers. Due to our generous supporters, FOKH were able to donate £19,000 each month to the General Fund to support salaries in 2021/2022—a total of £228,000 during the year!

HOW DOES FOKH RAISE MONEY?

FOKH is a charity through which the financial support from individuals and organisations can be channelled through to Kiwoko Hospital. FOKH is run by volunteers and **ALL** of the money received by FOKH is passed on to Kiwoko Hospital. FOKH are extremely grateful to each and every donor who enable us to stand with Kiwoko Hospital as it continues the work of providing excellent healthcare whilst sharing the Good News of the Gospel of Jesus Christ. Income to FOKH comes from a variety of sources (*see table to right*), much of which is raised by individuals or groups who have a connection with Kiwoko Hospital—perhaps through visiting or knowing people who have worked or volunteered at the hospital. Here we outline a little more about the different sources of FOKH income:

FOKH Income Sources 2021/22

1. **Individual Giving incl. Gift Aid (62%)**
2. **JustGiving Fundraising (11%)**
3. **Trust (15%)**
4. **Legacies (4%)**
5. **Churches (4%)**
6. **Other (4%)**

1. **INDIVIDUAL GIVING including GIFT AID** The largest proportion of income comes from individuals who want to support the hospital, and includes regular giving and one-off donations. A number of supporters have been giving regularly (whether monthly, quarterly or annually) right from the early days of the work at Kiwoko. Although every gift is hugely appreciated, regular giving like this does help in planning budgets for both FOKH and Kiwoko Hospital. Donations may be given online or through postal donations. As a registered charity, FOKH can claim Gift Aid on all donations from UK tax payers adding an extra 25p per £1 donation.
2. **JUSTGIVING FUNDRAISING** Each year, people raise money for FOKH using the JustGiving fundraising platform. These fundraising activities have been wide ranging, from coffee mornings and walks, through to sleeping on a mat for 31 nights and writing books! A recent example of JustGiving Fundraising is told in *Conquering the 4 Peak Challenge...* (Page 6-7).
3. **TRUST** Over the years, FOKH have applied to and been blessed to receive funding from a number of Trust Funds, enabling FOKH to send more money to Kiwoko Hospital
4. **LEGACIES** Legacies continue to be an important source of income to the charity and voluntary sector. Indeed, they can become a vital source of funds for Kiwoko Hospital. A recent example of Legacy giving is told in *The Huge Impact of Legacies* (Page 7).

5. CHURCHES Over the years a number of churches have forged links with Kiwoko Hospital, and some continue to support regularly or through fundraising efforts.

6. OTHER This includes donations received through CAF (Charities Aid Foundation), Stewardship and Give as you Earn. Another revenue is commission received on Amazon.co.uk purchases through using Amazon Smile (see Page 22).

HOW CAN YOU HELP KH BRIDGE THE GAP IN THE GENERAL FUND?

Laureen Babirye, KH Business Manager, has outlined the increased needs of Kiwoko Hospital, with particular focus on the General Fund. Not only is there a projected significant shortfall of UGX 80,000,000 (approx. £18,200 / US\$21,000) in the General Fund for 2022/2023, but given the necessary increase in staff wages there is also an increased budgetary need in the coming years. As we look at these needs, FOKH needs to raise more funds!

FOKH continues to share about the amazing work that is happening at Kiwoko Hospital. Through this we hope that more people will be enthused to pray, give and go. Can you support Kiwoko Hospital?

For more information about FOKH visit www.fokh.org.uk. Information on giving to FOKH can be found at www.fokh.org.uk/giving. For specific queries, please email feedback@fokh.org.uk

Fundraising for FOKH

CONQUERING THE 4 PEAK CHALLENGE

The “Four Peaks Challenge” is a mountain climbing challenge in the UK in which participants summit the 4 highest peaks of Scotland, England, Wales and Northern Ireland. Between 20-22 May 2022, a group of 23 people from the Diocese of Down and Dromore in Northern Ireland successfully completed this huge challenge. To put this into perspective the Diocese of Down and Dromore website on reporting the feat stated: ***“There were a lot of miles walked, metres climbed, hours spent on buses, sore limbs and precious little sleep. However, not only were the group able to summit each mountain safely but also raise thousands of pounds for charity through sponsorship.***

To give you an idea of the achievement, not to mention the determination involved, here are a few stats:

- ***4 peaks climbed totalling 4,261m or almost half the height of Everest!***
- ***20–24 hours climbing and 46km of walking***
- ***18 hours and 1,437 miles in the mini-buses.***
- ***Only 15 hours sleep over 3 nights***
- ***90,000 steps on average per person or just over 2 million for the team!***

Dr Alison Troughton, a GP from Portadown in Northern Ireland, was one of the participants. After a number of months of preparation, she successfully accomplished this amazing feat. Not only was it a massive personal challenge, but Dr Alison was also raising money for her chosen charity, Friends of Kiwoko Hospital!! Having had a keen interest in Kiwoko Hospital for a number of years, when it



came to sponsorship we were delighted that she chose FOKH as her charity. Dr Alison set up a JustGiving page, which provided any easy and clear method of giving for those willing to sponsor her and also ensured the accountability required in such fundraising efforts. Through her efforts she raised £768 (+£168.25 Gift Aid) for FOKH. ***Well done and thank you, Alison!***



If you would like to organise a fundraiser for Kiwoko Hospital - Go for it! Whether you want to hold a coffee morning or run a marathon for Kiwoko, we would be very grateful. ***For more information on fundraising for FOKH visit www.fokh.org.uk/fundraising***

Legacies through FOKH

THE HUGE IMPACT OF LEGACIES

Many people do not like to talk about death. Yet, preparing for death is important in so many ways! Making a will gives you full control over your money and assets to ensure they go to the people and causes you care about most. After ensuring provision for family and friends, some people wish to express their support for Kiwoko Hospital by leaving a legacy. Legacies can become a vital source of funds for Kiwoko Hospital: if FOKH know that a certain number of people have left bequests, the hospital can plan accordingly, in the knowledge that a stream of legacy income will become available in time.

If you do leave a legacy to Kiwoko Hospital through the charity 'Friends of Kiwoko Hospital', then FOKH will follow instructions in your Will to ensure that your wishes are met. You may wish to consider:

- A general purposes legacy – gifts left for the Hospital's general purposes are particularly valuable as they allow the Hospital to respond according to its most pressing priorities.
- A specific purpose legacy – you may wish to support a particular area of work of the hospital (eg. community based health care, HIV/AIDs counselling, mother and child health, the Good Samaritan Fund) by leaving a specific purpose legacy.

It would be your decision what type of legacy you wish to leave to Kiwoko Hospital and donors can leave anything within their estate. All gifts, large and small, are welcome.

SUPPORTING PAEDIATRIC STAFF WAGES THROUGH LEGACY GIVING

The paediatric ward admits on average 1200 patients each year and is run by doctors and nurses that work in shifts. We need £2690 (UGX 11,821,033) each month to support nurses on this ward. The late Florence Frazer wanted to support the paediatric ward at Kiwoko Hospital, and endeavoured to do this through providing a legacy for FOKH. The legacy of £7800 left for FOKH in Florence Frazer's will support the salaries of paediatric nurses for 3 months. ***Thank you!***

For more information on leaving a legacy to FOKH visit www.fokh.org.uk/legacies



Paediatric Nurses

“ALL of the money received by FOKH is passed on to Kiwoko Hospital”

Partnerships **HILFE FÜR KIWOKO E.V.**

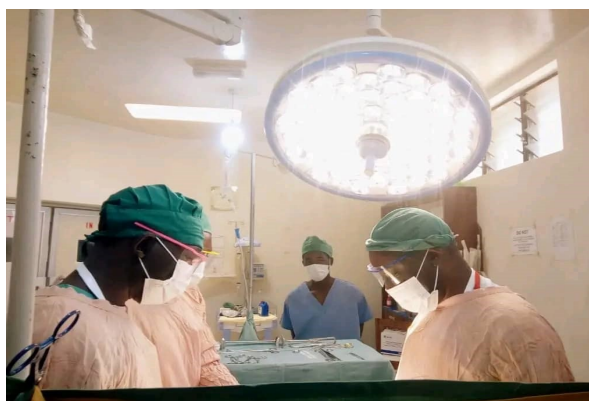
Since 2019 we have been developing an exciting new partnership with Hilfe Für Kiwoko, a charity set up to help support the work of Kiwoko Hospital. Dr Felix Klinger from the charity provides a summary of the partnership to date.

In 2018, some of the founding members of the association **Hilfe für Kiwoko e.V.** spent a few weeks in the school and hospital at Kiwoko, together with unique, motivated local people. A few weeks after their return, the association was founded to help these very people and to let the personal relationships that had developed continue to grow. Since then, we as an association have been in close contact with Dr Peter, Dr James, Lauren Babirye and other people in charge of the hospital.

We are keen to work hand-in-hand with the hospital to identify needs and to further improve services. In recent years, we have been able to improve the diagnostic facilities in Kiwoko through the purchase of a blood bank fridge, ECG, Hb electrophoresis and Ultrasound machines, as well as a system for digitising X-ray images. We have also been able to ship out donated equipment, including two new lights for theatre which has been gratefully received by the Kiwoko team.



Ultrasonography services improved with better equipment and further training



One of the new theatre lights in use!

During our visit to Kiwoko in May 2022 we discussed our next project. Since therapy is primarily associated with continuous costs, we have been working on a solution to sustainably contribute to this. Due to high and rising energy costs, we therefore decided together to expand the existing photovoltaic (solar) system. Although the initial costs are considerable [see details below], this system will have longer term significant benefits through reducing the overall running costs of the hospital, freeing up financial

resources for human resources (staff), medicines and consumables in the future. And at the same time, we are actively contributing to environmental protection and a more independent energy supply.

In addition to the financial support, a personal partnership has developed over the past years and



Medical Exchange Programme, May/June 2022



Discussing new projects together with some of the KH team during our May 2022 visit



Community Outreach

in church services and accompanying ward rounds. We especially remembered the valuable work in the outreach programme and the warm way of life and positive attitude of the hospital staff. And also right now there are some medical students on site who are able to contribute their medical knowledge to the hospital and have experiences that will shape them for the rest of their lives.

We thank you for the friendly and uncomplicated partnership and look forward to many more years of cooperation. **For more information, visit www.hilfe-fuer-kiwoko.de/de/**

friendships have emerged across continental borders. Through the start of our internship programme for medical students and the Medical Exchange Programme for medical professionals such as doctors and nurses, many committed people have already been able to experience life and work at Kiwoko, and some have been able to actively share their skills at the hospital. Most recently, a group of four nurses and a doctor were in Kiwoko in May and June 2022, participating



Hilfe für Kiwoko continue to inform others and fundraise for Kiwoko Hospital, through activities such as music concerts (left) and supporter events (right)

WHAT WILL IT COST TO INSTALL MORE SOLAR PANELS?



Although projects like these cost a lot of money to implement, they make huge differences going forward. The approximate current costs are shown in the following table.

| Items Needed | Unit Cost |
|--------------|---|
| Solar Panel | UGX 1,200,000 (approx. £273 / US\$316) |
| Inverter | UGX 16,000,000 (approx. £3,640 / US\$4,210) |



Note: A maximum of 20 solar panels can be connected to one inverter i.e. once the number of panels exceeds twenty, a further inverter is required.

Alex Muyimba, KH Finance Manager, says: **“Five years ago, we paid on average UGX 15,000,000 each month for electricity. With solar now in place, our electricity bills have reduced to approximately UGX 10,000,000 per month.”**

FOKUS (Friends of Kiwoko, United States) Ministries International is a USA-based, non-profit charitable organization founded by Dr. James Hansen and his wife, Suzanne. FOKUS grew out of the love and commitment the Hansen's have for the staff and patients at Kiwoko Hospital. The relationship began in 2008 when Dr. Jim first volunteered at the hospital in the HIV and TB Clinics and has continued to grow over these past fourteen years. From 2008 until the COVID epidemic crippled the world, the Hansen's spent 4-6 months a year at Kiwoko. In 2010, after being introduced to Dr Roy Millar, the former chairman of Friends of Kiwoko Hospital (FOKH), the Hansen's decided to establish a non-profit organization in the United States to help support the fundraising efforts of FOKH in the UK.



Dr Jim & Mrs Suzanne Hansen with Dan Kabugo

Over the years FOKUS has donated much needed medical equipment to the hospital including a \$20,000 xray machine and \$7,500 dental examination chair, as well as funds to support the salaries of specialty physicians. The "Adopt A Bed" initiative alone infused over \$15,000 into the general fund. Many staff members received scholarships for continuing education and returned to Kiwoko Hospital following their upgrade training. Funding was provided to a nurse to attend Dental school and now Kiwoko has a full-time dentist with a new, modern dental chair!



Mr Jimmy Zimbe using the dental chair

In keeping with Christ's Great Commission, many Kiwoko staff members share the Gospel message with the surrounding community. Prison Ministry is an example of this. Under the Godly leadership of Ms. Beatrice Asimah, Bibles, food and soap are distributed to prisoners throughout the Luwero Triangle. FOKUS Ministries is honored to support this important ministry.

Additionally, FOKUS supports the local community through a number of other initiatives. FOKUS helped establish and fund a local school, Sonshine Christian School and Day Care, located near the Hospital compound. Currently 220 students, many of whom are children of Kiwoko Hospital staff, are enrolled. The school has garnered praise and accolades from the Ministry of Education in Uganda as a "model school" and provides a safe, nurturing educational environment for the children of Kiwoko.

FOKUS partners, Alan and Kris Curriston from Oregon, founded the Rural Uganda Project which provides low-cost homes or repairs for clergy throughout the Luwero and Nakaseke Districts. Alan spent a month at Kiwoko Hospital in 2018 providing computer training to Kiwoko staff and was forever changed by that experience. He accompanied Kiwoko local, Dan Kabugo, on weekend trips to outlying villages where he met Christian pastors faithfully teaching and preaching the Word of God. He recognized the need for proper lodging for these selfless pastors and now raises funds for

"We are a small charitable organisation but realise the Lord can still accomplish a mighty work through a few faithful souls."



Rural Uganda Project work

renovation or rebuilding of homes. To date, ten homes have been completed in the communities surrounding Kiwoko costing about \$2,500 per home. It's amazing what the Lord can do!



We are a small charitable organization but realize the Lord can still accomplish a mighty work through a few faithful souls. **For more information visit**

www.fokusministries.org

“Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.”

Hebrews 13:16

New Partnerships

UPMB, NOVARTIS AND KH

In July 2022, Uganda's leading faith-based organisations [Uganda Protestant Medical Bureau (UPMB) and Uganda Catholic Medical Bureau (UCMB)] partnered with Novartis, a global healthcare company based in Switzerland, to build and strengthen the capacity and skills of health workers in the faith-based organisations health network in the prevention, diagnosis, and treatment of Communicable and Non-Communicable Diseases (NCDs). The three-year partnership will cover NCDs including Epilepsy, Sickle Cell Disease, and select childhood infectious diseases—namely childhood pneumonia and malaria—as well as focus efforts in combating Anti-Microbial Resistance in Uganda.

In 2018 the World Health Organization (WHO) observed that of the 97,600 deaths in Uganda in 2016, NCDs accounted for 1 in 3 deaths. The estimated risk of mortality from NCDs was 22%, primarily due to cardiovascular disease and cancer, along with underlying risk factors of hypertension, tobacco use, and



Dr Peter with Novartis and UPMB representatives

alcohol. Early detection, screening and treatment of NCDs, as well as palliative care, are key components of the response to NCDs. Also of note, there are limited numbers of specialists in Low Middle Income Countries due to limited training opportunities, and so there is urgent need to train primary care physicians in evidence based NCDs management.

Dr Tonny Tumwesigye, UPMB Executive Director, commended Novartis for taking the lead in this exceptional collaboration between major actors in public health in

Uganda to not only equip frontline health workers with integrated approaches that not only empower the health workforce but also spreads the expertise across the health system making it a critical lever for health system change in the context of NCDs.

Kiwoko Hospital is happy to be one of the health facilities that UPMB and Novartis will be working with.

Improving Services / Patient Story

EPILEPSY & MENTAL HEALTH SERVICES... AND MUCH MORE!

The Mental health clinic at Kiwoko Hospital started in 2000 when five (5) patients that frequently experienced seizures were identified at Kikamulo sub county. At this time, Kiwoko hospital had a registered psychiatric nurse attached to it, and with her expertise the five patients received treatment. With funding from Compassion Canada, the hospital was able to continue going out to the community to identify patients with epilepsy and mental health disorders. Costs of mobilizing the community, referrals, medication and administrative work were covered using the same fund for another ten (10) years. We are thankful to Adara Group have been funding this essential work in recent years.

The five initial patients registered great improvement which pushed the community to take it upon themselves to identify and refer other appropriate patients to the hospital for treatment. The number of patients grew from five (5) to four hundred (400) by 2010 and this created a new need for specialists and staff to attend to the patients. In 2017, the hospital hired a psychiatric clinical officer, psychiatric nurse and a general nurse to deal with the growth in number of patients in the clinic.

The clinic currently has 1058 registered patients and these have been divided into different groups with each group visiting the hospital once a month. However, the Epilepsy and Mental Health clinic also attends to patients that come to the hospital on days other than the allocated clinic days. Through this clinic, myths surrounding mental health and epilepsy are addressed. [Note: In Uganda it is common for the same specialist to deal with both epilepsy and mental health disorders.]



NAMULI'S STORY

For the last nineteen (19) years, Namuli has received free epileptic treatment at Kiwoko Hospital. She is one (1) of the 1058 patients that are currently receiving care in Kiwoko's Mental Health and Epilepsy clinic. She is 38 years old and stays alone with no known relative close by. Namuli is a resident of Kapeeka village which is approximately 30 kilometers from Kiwoko Hospital. Because she has over the years accessed medical personnel and free anti-epileptic medication at Kiwoko, she has stabilized and is doing relatively well including being able to live independently, washing, cooking and caring for herself.

But Namuli's health needs increased...

Unfortunately, earlier this year Namuli was diagnosed with bilateral inguinal herniae, a condition that for long brought her pain and suffering. Given her difficult financial situation, her decision to visit a hospital was delayed. However, in June 2022 she was operated upon and one of the hernia was successfully repaired. Repairing mesh was needed to adequately repair the second hernia and these were not available at the time of the first surgery. Kiwoko Hospital is however in the process of procuring these items so as to fully support Namuli. Kiwoko Hospital covered Namuli's bill and hopes to support her even through the second surgery. There is a Good Samaritan Fund, specifically designed to support patients like Namuli who can not afford much needed care. However, care like this is only possible through the ongoing giving of donors and partners who



Some of the epilepsy/mental health medications available

continue to provide approximately 60% of the annual budget.



Namuli cooking in her outside kitchen

Teamwork...

It truly takes a team to care for a patient well! Very many people have been involved in caring for Namuli over the years. Kiwoko Hospital's Village Health Teams (VHTs) have for a long time played an important role in linking Namuli to care at the facility. Upon noticing that she was cooking meals inside her house, VHTs constructed an outside kitchen for her. It was never safe cooking in the house.

With the support of Kiwoko Hospital's Community Health Workers (CHWs), Namuli has for many years had access to epileptic treatment. Kiwoko's psychiatric team, CHWs and VHTs are involved in following patients, such as Namuli, up. The hospital team will from time to time go out to the community to refill drugs as many patients like Namuli may find it difficult to make it to the hospital.

"It truly takes a team to care for a patient well."

Just some of the many team members involved in Namuli's care.

Clockwise from right: Namuli visited by the VHT and CHW teams; The KH psychiatry team of Derrick (Clinical Officer), Jackline & Abner (both Psychiatric Nurses) (left) and Katwere Enock, volunteer community psychologist (right); The Pharmacy team; Dr Joseph Galiwango, surgeon; Some of the Female Ward team; Some team members from theatre.



Improving Services **BRINGING SPECIALIST SERVICES TO PATIENTS**

Uganda's health system is unfortunately largely characterized by the absence of medical personnel, equipment and long distances to a health facility. Additionally, the majority of people living in rural communities have limited access to health care services. At Kiwoko Hospital we aim to provide excellent healthcare services at affordable prices for our patients. We also seek to improve the care provided through staff education and development of services. One aspect of this is through specialist clinics, such as the Dental Clinic, Sickle Cell Clinic, Diabetic Clinic, Gynae Clinic, Urology Clinic... amongst others!



Dr Matovu Cliff

ORTHOPAEDIC CLINIC

For a number of years we have not had specialist orthopaedic services available locally, with patients requiring transfer to other larger facilities, often in Kampala. In November 2021, Dr. Matovu Cliff performed his first surgeries at Kiwoko Hospital. Following his visit, an orthopedic clinic was started. Dr. Matovu visits Kiwoko once every month and sees 20–30 patients every visit. In his absence, emergencies are handled by Kiwoko's general surgeons.

Dr Matovu says: ***“There is so much need for orthopedic services in Kiwoko. Many of the patients***

that I see are unable to afford care despite having a number of orthopedic instrumentations sets and implants offered at no cost to the patient. The hospital c-arm [specialized x-ray machine for theatre] is an important piece of equipment used for intra-op imaging to ensure proper placement of implants before a patient leaves theatre. With this, repeat surgeries are avoided. The new computerized radiology system is a big plus as this produces clearer images that support diagnosis.”



We are incredibly grateful to those who have enabled significant positive developments in our radiology services over the past year, including the donation of the c-arm x-ray machine by donors in Northern Ireland (as part of a container full of equipment in 2021), and the recent procurement of a computerized Radiology (CR) system by Hilfe für Kiwoko. These have improved the image quality and efficiency of the services, all-in-all providing much better services for our patients. Thank you!



The new CR Equipment



Testing the c-arm equipment in theatre

VISITORS & VOLUNTEERS



It has been wonderful to welcome overseas visitors and volunteers back to Kiwoko Hospital after the cancellation of many planned activities over the past 2 years due to COVID-19. The elective diary has been filling up rapidly, with some months of 2023 fully booked and other students booking into 2024! Many of these bookings are on the recommendation of a friend or colleague who had previously spent time at the hospital - this is certainly positive feedback!



A recent medical elective student, Jonáš Chvojka, reflected on his time at Kiwoko: ***“When I was entering the hospital gate for the first time I felt like I was not going to survive those five weeks there because of being home-sick etc. But it took only one hour until I made first friends and very soon I realized I didn’t want to leave the place. Everyone was very welcoming and I could rely on them in case I needed help.***

I learned a lot during my stay. I was able to assist in various surgeries, suture and help with diagnosing the patients at outpatient department. I got a little more medical confidence in myself because I was given the opportunities and I simply realized that I can make it and the procedures are not as hard as I had expected them to be.

I also learned a lot on the spiritual level. The hospital is filled with God’s presence; the motto of the hospital stands for itself. I learned a lot about pride and humility. Everyone here was eager to learn from others and I realised that I can always learn from other people no matter whether they are doctors, nurses or cleaners.

“Everyone here was eager to learn from others and I realised that I can always learn from other people no matter whether they are doctors, nurses or cleaners.”



Putting up a tent during community outreach

I also had chance to see other ministries of the hospital staff like prison ministry or community care. All of it was very inspiring. When my time was over I was sad to leave the place. The people of Kiwoko grew close to my heart.”

In the coming months we are looking forward to receiving a number of volunteers (new and returning!) at Kiwoko Hospital. We continue to welcome (and need!) volunteer healthcare professionals to work alongside our national workers on a short, medium or longer term basis. There is so much we can learn from each other! Would you be interested in spending time volunteering at Kiwoko Hospital? Currently we have particular need for **GENERAL SURGEONS, PHYSICIANS** and **ANAESTHETISTS**, those in the training years and beyond!! However, we encourage anyone interested, no matter their background, to get in touch.

For further information about volunteering, electives or visits to the hospital, contact Stephen Park (Visitors and Volunteers Coordinator) by email: visitors@kiwokohospital.org

THEATRE EXPANSION & REFURBISHMENT UPDATE

In December 2022, the Friend brothers (Jack, Hamish, Arthur and Euan) will attempt to row unassisted over 3,000 miles across the Atlantic ocean from the Canary Islands to Antigua. They say: ***“We will be battling sleep deprivation, salt sores, and physical extremes inflicted by the race. We will be left to our own thoughts, the vast expanse of the ocean, and the job of getting the boat safely across the pond.”*** This immense challenge is not only a personal challenge and an attempt at 2 (two!) world records—the first 4 brothers to row an ocean and the first 2 sets of twins to row an ocean—it is also being done to raise money for 3 charities, of which one is Friends of Kiwoko Hospital. In particular this money has been allocated to help fund the expansion and refurbishment of Kiwoko Hospital’s main operating theatre. Further information on the challenge can be found at www.thefriendshipatlantic.com



THEATRE EQUIPMENT & INSTRUMENTS

Once the theatre works are completed, the hospital will need to equip the new and refurbished spaces with the right machines and instruments. So far, a total of £100,000 from Red Earth Limited, UK has been raised—this is out of the required UGX 1,049,680,000 (approx. £240,000 / US\$276,000). To view a provisional list of equipment that will be required in the maternity theatres as well as the refurbished spaces, including estimated costs [click here](#).

STUDENT ACCOMMODATION

On 12th September 2022, following a service of dedication, building work restarted on the student accommodation block at the Kiwoko Hospital Health Training Institute (HTI). This work had originally commenced in 2019 with the laying of a concrete slab, but was halted due to lack of funds. The plan is to build a two-storeyed building that will accommodate a total of **112 girls** (each floor will accommodate a total of **56 girls**). We thank God that funds needed to construct the ground floor have been made available and work has begun. However, we are in the process of identifying sources of funds for the construction of the first floor.



Service of dedication at the new student accommodation site



Construction has recommenced, Praise God!

PLANNING TO TRAIN MORE HUMAN RESOURCE



Kiwoko Hospital Health Training Institute currently offers certificate courses in Nursing, Midwifery and Medical Laboratory Techniques. 147 of KH staff received their initial training at this institute - this is out of 178 nurses, midwives and laboratory technicians in the relevant departments. Through the institute, Kiwoko Hospital also trains nurses, midwives and laboratory technicians that go to work in different parts of the country.

In November 2021, one of our partners, Hilfe Für Kiwoko, introduced us to two architects, Jan Glasmeier and Oliver Giebels. This was done in response to our need to raise money for the expansion of the Health Training Institute. Jan and Oliver recently supported the construction of a school in Nakhivale Refugee Settlement, Uganda and have for the last 8 months worked closely (through virtual meetings) with the team at Kiwoko to develop architectural plans for the school. On 17th September 2022, we were privileged to once again host Jan and Oliver with whom we checked on our progress and visited the proposed construction sites.

The plan is to introduce diploma courses in Nursing, Midwifery and Medical Laboratory Techniques, all certificate courses will be retained and the number of students on compound at any one given time will increase from just over 300 to 795. According to the new plan, this increase in number of students will necessitate constructing the following new spaces: Classrooms; Dormitories; A bigger library (100+ students); A bigger computer Lab (120 Students). [Note: We shall continue using the already existing buildings at the school to support the different programmes.]



Jan, Oliver & friends meeting with the Kiwoko team to discuss plans and visit the proposed sites

RELIABLE AND SAFE WATER STORAGE FOR KH

In 2021, Kiwoko's staff identified that the hospital's water tank, which supplies 90% of the hospital's water, was leaking considerably. The tank is 26 years old, which is roughly the maximum life span of a water tank. It has been assessed by a team of engineers, who concluded that to meet the hospital's growing needs the old water tank should be repaired and a second, larger (72,000 litre) water tank installed. This is proposed to cost UGX 325,000,000 (approx. £74,000 / US\$85,500). This is an urgent need as not only is the tank leaking but it is also at risk of bursting.

For further details regarding any of these or other projects, please contact Laureen Babirye:

businessmanager@kiwokohospital.org



MINISTRY UPDATES

We praise God that mission and ministry are at the heart of Kiwoko Hospital. Our Hospital Chaplain, Rev. William Mirimu Zziwa, provides an update on the work over recent months.

Very warm Christian greetings from the Spiritual line of our ministry here at Kiwoko Hospital. Praise the Lord and Shalom to you all our readers. I hope this edition finds you well in the endless mercies of our Lord Jesus Christ. I am very glad to be writing about the very marvelous things that our great God has done for us in the past months of this year as the Hospital Chaplaincy committee.



Rev. William with his wife and son



Rev Stephen Ssemaganda

OUTPOURING OF GRIEF AT LOSS OF REV STEPHEN

To begin with, on a sad note the Hospital Community was shocked by the sudden death of our former hospital chaplain, Rev. Stephen Ssemaganda, in a fatal motor accident on the 24th of June. He was buried on the 26th June 2022. We continue to pray for the very young family which he left behind: for his widow and 2 young orphaned girls of only ages between 2-4 years.

SHARING THE GOOD NEWS OF THE GOSPEL

God has enabled us to continue with His great Commission of going out to all nations teaching, preaching and baptizing them in the name the Father, The Son and the Holy Spirit (Matthew 28:19).

The daily general staff Morning Devotions have continued so well in our Hospital chapel/Dining Hall following our well compiled monthly Preachers' Rotas. These are well attended by the staff members regardless of their different religious backgrounds and denominations. We are particularly encouraged by the twice monthly Open-Air Morning Devotions held outside the paediatric ward. Many people attend, including staff, patients and attendants, joining in the worship time and listening to God's Word being preached.



Morning devotions with visitors

Many other ministries under Chaplaincy have continued, for example the Ward Ministry, Radio Ministry, Missions and Outside Evangelism Ministry, Prayer and Intercessions Ministry, Praise and Worship Ministry, Compound Ministry and Prisons Ministry. For the latter, a team from the chaplaincy department makes monthly visits to four selected prisons of Kapeeka, Wakyato, Bamunaanika and Wabusaana prisons on permission granted by the Uganda Prisons Force. The Word of God is shared among the prisoners and we have realised quite a large number of them confessing their sins and giving their lives to Christ even when they are in jail.

CHILDREN'S MINISTRY

Children's ministry has been carrying on well among the children of the Hospital staff and some from the nearby community of the hospital. Twice a month the Ssuubi Program is held on Sunday at 3pm during which the Word is shared with the children from 5 to 12 years. Additionally, this year we were delighted to

be able to hold our annual “Ekisa Children’s’ and Teens’ Conference” for the children and the teens from 13 to 19 years.



Mugabi Ronny

Mugabi Ronny, KH ICT Manager, heads up the children’s ministry and has provided the following report: ***“After 2 years of no 'EKISA ' Children’s Holiday Camp due to COVID-19, God made it possible for us to have it from the 23rd – 25th August. It was such a beautiful time! You could see this on the faces of 424 children that turned up for the 3***

days. FAITH IN ACTION was our theme and we covered the story of Esther during the camp. We had planned for 300 children but our faith was put in action when we had over 400 children show up for the event and we had to trust God for his leading and provision. The kids enjoyed the singing, games, skits, Bible lessons, memory verses, treats and drinks and the peak was eating cake as we celebrated the August birthdays. We praise God for the 32



Thank you to all the leaders who helped and took part!



A child taking part during Ekisa

aunties & uncles who volunteered to serve these little ones. About 32 children gave their lives to Christ during that time, something we are very grateful to God for.

We also had about 27 teens (12-19yrs) that were reached out to on the 26th August. It was a very special time for these youth but also for some of the aunties & uncles who were able to benefit from the games and talk by Auntie Maggie, one of the ADARA Staff.”

continued overleaf



GOOD SAMARITAN OUTREACH

We have also reached out to the needy within the community in various ways. For instance, we raised some funds to renovate a house of one disabled man in Benado village called Mulema whose house was blown down by a strong wind and he was left homeless. We also put a little of our resources together and constructed a small iron sheet roofed mud house for an old woman in Kabubbu village and a few domestic items were solicited and handed over to her. This exercise was spearheaded by a team of young men and women from our school KHHTI, a club known as the Good Samaritans Club.



The Good Samaritan Club with Chaplain (above); Mulema (below) and his renovated house (bottom).



MARRIEDS GET TOGETHER RETREAT

In response to the hospital work values of Holiness and Family, we organized a Marrieds' Get Together Retreat on the 16th July 2022. This was well attended by the Staff Members and a few couples from the community. We are still recording the very many positive testimonies of the many marriages that were saved and others strengthened and we glorify God who made it happen. We have been delighted to welcome many new married couples among staff, with many



Marrieds' Get Together Retreat

weddings in recent weeks and months and some planned for the months to come.

NEW SUNDAY CHURCH

From Sunday 5th June 2022, we started an Anglican Church of Uganda Liturgical Worship Service. It happens every Sunday morning from 8am to 10am from the

Chapel/Dining Hall. Its massive attendance by both the Staff and Students is a signal to us that it was long overdue. We are very grateful to the Hospital Management, Board and the Diocesan Bishop in particular for giving us a go ahead.

VISIT FROM THE BISHOP

We are in preparations for the pastoral visit and official farewell of our Hospital Patron and Bishop of our Diocese Luweero which is scheduled for Wednesday 30th November 2022. The Bishop Rt. Rev. Eridard Kironde Nsubuga and Maama Jane will be retiring in July 2023.

For all these and many more things done in this department, we count the success not on ourselves but on the Almighty God whom Apostle Paul wrote about in 1 Timothy 1:12: ***"I thank Christ Jesus our Lord who has given me strength, for He considered me trustworthy, appointing me to His service."***

May God bless you all.

IN HIS NAME

During August 2022, Kiwoko Hospital had a visit from a team from In His Name (IHN) Ministries, Kentucky, US. They were involved in a wide range of activities in different areas, partnering alongside a local team at Kiwoko. Here we share part of the report Cheryl Leathers, IHN ministries, provided to supporters on their return to the US.



“We want to share the HUGE impact you have helped with in the lives of those who God placed in our path. Thank you seems inadequate!! There are so many stories to tell and miraculous events to share... WHAT A MIGHTY GOD WE SERVE!

The team shared the Gospel to more people than we could count. With Farming God’s Way in the villages,



KH staff learning FGW in a KH Staff member’s garden

we saw men give their lives to Christ. Kiwoko is a new area for FGW. God said, “You are placing a garden here!”

Also in Kiwoko, we are exploring the next site for a water purification system at their hospital and serving alongside a Nursing / Midwifery School. This is a rural hospital where their slogan is “We treat... Jesus heals”.

Medical, dental and eyeglass care was given; souls were cared for, prayed for and the Gospel was shared daily. We also served in the Malnutrition clinic—both outpatient and inpatient, caring for the mothers and the babies. We thank you for your partnership in the Gospel!”

Thank you IHN!!



The ‘In His Name’ team with Frank Sekyewa, KH Staff & Mission Team member

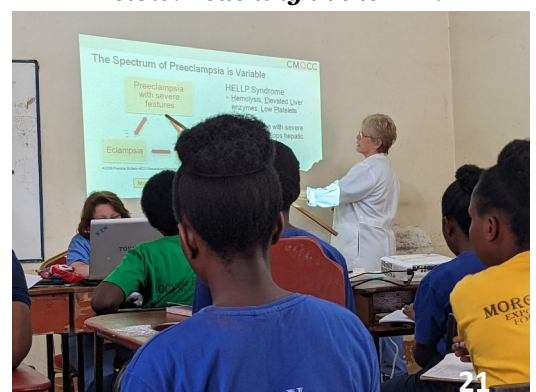


The Water Purification Team explored options for safe drinking water. KH currently has one system, which is not sufficient to supply all staff, students and patients.



Above: Student Fellowship.

Below: Teaching in the HTI.





THANK YOU FOR YOUR SUPPORT

Kiwoko Hospital is a private, not-for-profit, mission hospital in rural Uganda. We are so thankful to our supporters for their ongoing significant contribution to the work of the hospital.

If you have enjoyed this update newsletter please forward it on to family, friends and colleagues. We are currently in the process of developing our own website. In the meantime, for more information on Kiwoko Hospital, go to the FOKH website: www.fokh.org.uk

SOCIAL MEDIA



We post regular updates on our [Facebook](#) and [Twitter](#) pages. Videos are also uploaded onto our



[YouTube](#) page. [Click links to access]



Kiwoko Hospital
PO Box 149, Luwero
UGANDA, East Africa
businessmanager@kiwokohospital.org

DONATIONS

Kiwoko Hospital cannot exist without the faithful giving of our friends and supporters. Without you we would be unable to provide the high quality healthcare our patients deserve. As well as individual supporters, a number of registered charities support the work of Kiwoko Hospital in bringing good news to the poor, in word and in action.



Friends of Kiwoko Hospital (FOKH) is a registered charity based in Northern Ireland (UK charity Ref. 104586) set up to support Kiwoko Hospital. **All donations come to KH.** www.fokh.org.uk



Adara Group has registered charities in a number of countries. Further information can be found at: <https://www.adaragroup.org/development/get-involved/donate/> **Please specify any giving is for KH.**



FOKUS Ministries International is a 501(c)(3) charitable non-profit organisation based in USA. www.fokusministries.org **Please specify any giving is for KH.**



Hilfe Für Kiwoko eV is a non-profit organisation recognised in Germany. <https://hilfe-fuer-kiwoko.de/> **Please specify any giving is for KH.**

DIRECT GIVING

For some people, including local donors, giving directly to the hospital may be the more appropriate method. If doing this, please get in touch with our Business Development Manager to ensure the donation is allocated to the correct account: businessmanager@kiwokohospital.org.

| | |
|--------------------------|-----------------|
| Name of the Bank: | Stanbic Bank |
| Branch: | Luwero Branch |
| Account Name: | Kiwoko Hospital |
| Account Number: | 9030005970384 |
| Swift Code: | SBICUGKX |
| Sort Code: | 042047 |

COMMISSION



A number of KH charities can obtain commission through specified Amazon purchases. Use the Amazon Smile starter page relevant for the country you are in (e.g. smile.amazon.de), chose your charity and proceed as normal from there!